

## About your session

1. Which one-to-one session are you attending? \*

Enter your answer

2. What would you like to focus on in your one-to-one? \*

Enter your answer

3. What course and year are you currently enrolled in? (e.g. BA Fashion Design Technology Year 2) \*

Enter your answer

Section 2

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## Learning preferences

4. When learning new technical skills, what helps you most?  
(tick all that apply) \*

- Reading instructions or handouts
- Watching a video tutorial
- Following a live demonstration
- Trying it myself with feedback
- Discussing it one-to-one
- Receiving materials before the session
- Receiving materials after the session

5. Would you like materials before or after the session? \*

...

- Before the session
- After the session



6. How do the following factors affect your comfort and focus during a one-to-one session? \*

	much harder to focus	somewhat uncomfortable	Neutral	somewhat comfortable	very comfortable
Working in a shared or open space	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Working in a quiet or enclosed space	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Speaking about my project in English	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Speaking about my project in my first language or mixed language	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Having the session recorded (audio or screen)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Having other people nearby (e.g. staff, students)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using technical equipment or software I'm not familiar with	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Asking questions during a live demonstration	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being given materials before the session (e.g. slides, videos)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being given materials after the session (e.g. summary notes, recording)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Section 3

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## Communication and Focus

All of your information is highly confidential and for internal use only. Please contact us if you have any concerns.

7. How do you usually feel most confident expressing your ideas or questions? \*

- Talking things through verbally
- Showing examples, sketches, or visuals
- Demonstrating on screen or equipment
- Writing or typing my thoughts first
- I'm not sure yet / it depends on the topic
- Other

8. Is there anything that sometimes makes it harder for you to ask questions, share ideas, or focus during a one-to-one session? You're welcome to mention language, environment, timing, or anything else that matters to you. \*

Enter your answer

## Environment & access

All of your information is highly confidential and for internal use only. Please contact us if you have any concerns.

9. Do you have a preferred environment for your 1-2-1 session? \*

:::

- Quiet enclosed Space
- Open Space
- Online environment
- No preference

10. Anything else you'd like me to know before the session? \*

Enter your answer

 [Add new question](#) 